

# TRUDY PELLETIER



Communication Specialist



Trudy, president of Simply More Inc., is a FAMILY ENTERPRISE ADVISOR™ certificant, a Mediator, author, a Certified Executive Coach, a trained facilitator for Fierce Conversations®, and certified in Emotional Intelligence. She is a facilitator of Meaningful Dialogue™ which, is frank conversations about the tough issues.

Trudy's specialty is difficult conversations. She facilitates and creates the conversational environment to open the lines of communication, resolve conflict and restore trust.

She offers facilitation services, business family consulting, succession and continuity planning, preparing for transition and executive coaching. Two core areas for mediation services focus on parenting matters and family estate challenges. designs custom learning events for leadership development and communication skills for business leaders, partners, individuals, teams and organizations. Trudy has over 30 years in soft skills training, leadership and communication skill coaching, as well as, business experience in senior positions in both sales and management.

Trudy has been helping people see themselves and others differently by exploring and uncovering their blind spots, assumptions and hidden context. She empowers people through transitions to take on the real challenges and facilitates action. She inspires new understanding for people to recognize and honor all aspects of human nature in themselves and in other people. Her thought provoking questions lead into a depth of self-discovery that increases awareness for the self and other. Clarity and action are the results which connect people to the power to transform their lives to **Be More – Do More – Have More**.

***“Often, people have their own answers; and when they discover it for themselves, they own it. It just takes the right question(s). That is the unique opportunity and difference in working with Trudy.”***

## ***Trudy is a...***

- ⊗ FAMILY ENTERPRISE ADVISOR™
- ⊗ Mediator
- ⊗ Certified Executive Coach
- ⊗ Member of, and serves on the board of Family Enterprise Xchange
- ⊗ Member of, and Executive Professor for Alberta Business Family Institute
- ⊗ Member of Purposeful Planning Institute
- ⊗ Certified Emotional Intelligence Expert
- ⊗ Trained facilitator in Fierce Conversations®
- ⊗ Speaker for 2017 World Business and Executive Coaching Summit
- ⊗ Author of “Take a Walk on the Inside”

